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Most of us can see the behavioral changes that others should make. We may even make suggestions that we believe if they acted on, would help them improve. If we are so perceptive of others, why is it so hard for us to see specific changes we, ourselves should make? In fact, even if we see a change we should make, we often have difficulty making the change. As we become more successful, it is even harder to make these changes. When things are going well, we may see no reason to change.

In my work, I focus on helping successful people achieve a positive, measurable, long-term change in their leadership behaviors.

Established in 2019, Peak Leadership Solutions is certified by the Women's Business Enterprise National Council (WBENC) as a Woman Business Enterprise (WBE) and by the Small Business Administration (SBA) as a Woman Owned Small Business (WOSB).

I am committed to delivering innovative solutions to organizations for their human development needs. I deliver multifaceted expertise in organizational development, talent, and coaching with a proven aptitude for increasing departmental capabilities, optimizing employee productivity, and executing team-building initiatives.

Utilizing brain-friendly techniques I use my expertise to help entry, mid, and senior-level clients realize and develop their strengths to manage change and transformation, successfully navigate difficult conversations, develop their teams, and fully realize their potential.

Peak Leadership Solutions engages with successful high potential individuals, executives, and leaders who want to get even better. These people are committed to their success as well as the success of their teams, their departments, and their organizations. Intellectually, they realize that some leadership behaviors associated with their success in the past may not be the behaviors they need to achieve success in the future.

Location: Raleigh, NC

Credentials:

BS. Western Michigan University

MA The George Washington University

EdD The George Washington University Executive Leadership Program

Certified Marshall Goldsmith Stakeholder Centered Coach

Certified Brain Based Coach and Facilitator, NeuroLeadership Institute